

JACQUI DILLON – REGISTERED PSYCHOTHERAPIST & COACH

Ko Ngāpuhi Ko Ngāpuhi te iwi
Ko Ngati Manu te raua
Ko Ngati Hine te hapu

I am a dynamic and engaging registered psychodynamic psychotherapist and coach. My experience stretches across twenty years in which I have lead diverse teams across multiple disciplines within health, commercial and not for profit sectors. My psychotherapeutic and coaching skills have been honed both in private practice and in the work setting.

I have particular expertise in working with individuals within the justice and health settings, enabling them to navigate the complexities of complex trauma and its impacts within both professional and private contexts.

KEY DRIVERS:

- Utilization of skills to “*give voice to those who might not otherwise be heard*”.
- A deep belief in individuals potential to grow, learn, and evolve.
- Commitment to building relationships borne of integrity and trust with all who I work.
- An unrelenting commitment to social justice and equity, and to business innovation as drivers of social and economic change.

SKILLS:

- Ability to move between the strategic and pragmatic aspects of criminal justice, health, and commercial environments, alongside capacity to map an individual’s emotional experience is a core strength.
- A strong understanding of the complexities of navigating highly politicized work environments and the impacts of complex trauma on those working in justice and health settings.
- A genuine ability to guide and coach individuals who walk any path – from cleaners to criminal barristers with respect, compassion and humour.

PROFESSIONAL POSITIONS HELD (SELECTED)

2023 - General Manager Brand, Income & Innovation (contracted)
2021 - 2023: General Manager Health & Social Services, Auckland City Mission
2020 - Present: Project Manager, City Mission, Auckland.
2017 - Present: Psychotherapist and Coach in private practice
2018 - 2020: Services Development Manager, Auckland City Mission
2015 - 2017: Manager, Youth Connections
2008 - 2015: Director, JacDillon.com (Consulting and Psychotherapy)
2011 - Conception and Development of www.theharbour.org.nz (harmful sexual behaviour platform)
2010 – 2014: CEO, Safe Network Inc. (sex offender community-based treatment provision)
2009 – 2011: Psychotherapist, Waitakere Abuse and Trauma Counselling Services
2005 – 2007: Consultant – Brand & Income - WWF
2002 – 2004: General Manager – L’Oreal Professionnel
2000 – 2002: Marketing Manager – L’Oreal Professionnel