

FEAR SETTING TEMPLATE

- **Define: List the worst things that could happen**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....
- 7.....
- 8.....
- 9.....
- 10.....

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- **Prevent: List how you can stop the above bad things**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....
- 7.....
- 8.....
- 9.....
- 10.....

- **Repair: If the worst happens, list how to repair each bad thing.**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....
- 7.....
- 8.....

- 9.....
- 10.....

• **Benefits: List all possible benefits from taking this action**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....
- 6.....
- 7.....
- 8.....
- 9.....
- 10.....

• **6 Months: List the costs inaction during this time**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....

• **1 Year: List the costs inaction during this time**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....

• **3 Years: List the costs inaction during this time**

- 1.....
- 2.....
- 3.....
- 4.....
- 5.....